

Time has been flying by and we have been having so much fun!

REMINDERS

- Friendly reminder to trade out your clothes in your backpacks with warmer extras!
- We love to sled and play in the snow! On snowy days, please make sure to pack an extra bag with a change of clothes, snowpants, boots, gloves, & hats. All of the snow day essentials!
- Please make sure to label items so they can make their way back to you.

Woodland Wishes

This month we are looking for empty yogurt containers, as well as gently used boys and girls pants and gloves.

Special Request from Miss Cortney: Please save any empty or even full and expired spices. They will be used for scent exploration!

Thank you for your donations!

Update on Registration:

We had a great Fall 2024 Registration! Everyone was able to get their first choice for classes!

Both our 3s classes are close to full, so please let any friends or neighbors who are interested know to reach out!

UPCOMING DATES

- The 5th installment of our tuition payment plan is due December 1st.
- Dec. 4th: Week of the Special Man
- Dec. 5th: 5:00 Night of the Special Man- 4s Owls & Rabbits
- Dec. 6th- 5:00 Night of the Special Man-Hedgehogs
- Dec 12th and 13th: Yoga
- Dec 15th: STEM visit from Discovery Museum of 4s/5s and K- Dinosaurs!
- Dec. 20- Jan 2: School closed for Winter Vacation



Thank you so much to all who have reviewed us on Google and Yelp! Your recommendations help people find our wonderful school!

Kindness Corner

We would love your help! Every year at this time Miss Tanya's Woodland School collects for those in need. It's a wonderful opportunity to share the joy of giving with your child! This year we will be collecting for two different charities~ The Pediatric Hematology and Oncology Clinic at Mass General Hospital for Children as well as for animal shelters in local and surrounding areas. Please check your email for specific requests from each group!

December Focuses: Color: Silver, Gold Shape: Rectangle Letters: J,K,L Numbers: 1-7



At Home Connections

99

Leave the Mess to Us!

(Well, the glitter may follow them home)

- Sensory play is the type of play that engages one or more of the child's senses.
- The terms sensory and messy play are used interchangeably because they're pretty much the same thing!
- When a child uses their senses during play, they begin to make sense of their surroundings and their bodies. They discover new smells, colors, textures and become more comfortable with the world around them.
- Sensory play often requires (and improves) balance, body awareness, and spatial awareness too.









Each time a child engages in sensory play, their corresponding nerve connections grow a bit stronger, and their brain develops its sensory processing capabilities.





Messy play supports the development of <u>fine motor</u> skills and hand-eye coordination. As children manipulate materials, they strengthen their hand muscles, develop dexterity, and improve their ability to control movements.

Soothing. Apart from enhancing all these skills, therapeutic sensory play reduces anxiety and other negative emotions children often experience but can't regulate on their own by helping to reduce the stress hormone, cortisol, through engaging the body and senses physically in play.

Shaving cream Finger Painting Jumping in Puddles Playing with slime Play-Doh Digging in sand/mud Glue Painting with Ice Cutting tape

LOCAL HIGHLIGHTS

Hopkinton Holiday Stroll December 2nd, 10:00-3:30pm

Take a ride on a horse drawn carriage around the Common, watch the ice sculpture creation and stay for the annual Tree lighting on the Hopkinton Town Common that evening! Most local businesses will be participating with sales, specials, contests, treats and promotions to make your holiday shopping easy and fun.

Visit a total of 20 participating Chamber business locations and have your Holiday Stroll Passport stamped with each business's unique stamp for a chance to win a \$300 cash prize! (Multiple cash prizes to be awarded)

55th Annual Westborough Ski Swap-December 9th, 9 am Hastings Elementary School

Equipment will include new and used downhill skis, boots and clothing, skates and some cross country equipment. Used equipment may ONLY be dropped off Friday evening, December 8th between 7 and 9 PM. Used equipment is sold on aconsignment basis.

Enchanted Village Jordan's Furniture in Avon

Monday-Thursday 11 am-7 pm Friday 11 am - 8 pm Saturday 10 am - 8 pm Sunday 11 am - 5 pm Free walk through the enchanted village and photos with Santa! Attractions for fee: Indoor Winter Slide, Polar Express, Indoor "ice skating" and famous blueberry muffins! Southborough Santa Day December 2, 2023 | 12:00-3:00 p.m. Southborough Community House & St Mark's Field

This FREE event is open to all - come watch Santa's helicopter land on St. Mark's field, followed by lots of fun activities and entertainment at the Community House - including photos with Mr. Claus himself!

The Northborough Annual Tree Lighting Saturday, December 2, 2023 5PM

On the corner of Blake Street and Rte. 20. Featuring the Northborough Fifth Grade Chorus. Cocoa and Cookies available while supplies last. Donations will be taken for the Northborough Food Pantry and Toys for Tots.

> Hopkinton Menorah Lighting December 7th 6:00 6 Hayden Rowe Street

Join friends and neighbors in Hopkinton for our Menorah lighting. Gather by the gazebo in the town green to kick off the Festival of Lights.

Natick Mall Now through Christmas Eve

Take an exciting adventure to the North Pole! Step into the magical elevator and head to Santa's workshop, where you'll have the chance to take pictures and spend quality time with Santa! Though no longer available accepting reservations, they will accommodate walk-ups on a first come, first served basis.